

The course fits well in the program of WHO and national authorities to strengthen occupational health expertise in primary health care. It is also supported by the Employers Association <...> and by several Workers' Unions <...>.

### **Certificate**

After having fulfilled the requirements of the course, the participant receives a certificate from WNIOH.

### **Location**

Hotel <.....>, address: street, number, town  
Connection with public transport .....

### **Registration**

Registration fee is <\$..> including hotel (based on twin rooms), all meals, drinks; excluding travel costs.

The maximum number of participants is <30>.

To register send an email to <.....>. Closing date for registration: <.....>.

### **Contact**

For questions on course content etc.:

dr <A>, email: <A@institute> , phone: <.....>

Mrs <B>, email <info@institute> , phone: <.....>



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This flyer, intended for practitioners in primary health care, shows a sketch of the characteristics of the course; to be adapted to local conditions and needs. Indications of time and some names like WNIOH are fictitious.

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# WNIOH

Wiseland National Institute of Occupational Health < City >

## **Basic Occupational Health in Agriculture**

### **A concise Course for Primary health care Practitioners**

<January 2 - 4 and March 1 2018> <City of course location>

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This course will support you in dealing with health problems in patients that are related to their work in agriculture.

You will obtain more expertise in:

- diagnosis, treatment, and prevention of occupational diseases and injuries,
- counselling of workers and farmers with disabilities, aiming at the continuation of work, or return to work,
- evaluation and prevention of health risks at the workplace.

Teachers of the course are national specialists in agricultural health and safety and staff members of WNIOH. This course has been developed in collaboration with the foundation Learning and Developing Occupational Health (The Netherlands <https://ldoh.net/>).

## Course participants

Family physicians, medical specialists, nurses, nurse practitioners, occupational hygienists, occupational safety experts, community health workers, experts of social security bodies, teachers in vocational schools, experts of farmers' and workers' organisations. Participants are stimulated to work together and exchange experiences.

For better implementation of the obtained skills in their organization, prospective participants are suggested to register as a team of 2 or 3 members.

## Course content

The course comprises:

- pre-course **preparation** (<6> hours),
- 3 days, <14> hours of **classes**, <4> hours of study time
- a **farm visit**, walk through survey to practice basic risk assessment and ergonomics,
- an **examination**,
- a post-course **assignment** to apply the obtained skills in own practice (<20> hours),
- a **return day**, to evaluate the assignment and to discuss implementations of the obtained skills in participants' practice.

During the classes the emphasis is on developing skills by application by the participants of the knowledge that is provided in a textbook, and by studying case problems. Each class deals with a specific chapter of the textbook (comprising <100> p.). It has been developed especially for the management of problems of health and safety in agriculture in a primary health care setting.

## Classes / textbook chapters

All classes / chapters optimally focus on the agricultural aspects.

- 1. Activities of Basic Occupational Health Care**  
Including recognition of occupational diseases, assessment of fitness for work, rehabilitation, health surveillance, recording work history, information and education of workers.
- 2. Workplace evaluation**  
Informative walk through, ergonomic evaluation, exposure-risk assessment, personal protective equipment, improving workplace conditions, reporting hazardous conditions to authorities.
- 3. Respiratory diseases**
- 4. Skin diseases**
- 5. Musculoskeletal diseases**
- 6. Zoonotic diseases**
- 7. Psychosocial conditions**  
E.g. depression, stress, burn-out
- 8. Pesticides, veterinary and other chemicals**
- 9. Physical factors**  
Noise, vibration, heat, cold
- 10. Accidents**  
Due to vehicles, machinery, tools, etc.
- 11. Structure of Occupational Health Care**  
Regional and national institutes and experts and their tasks.
- 12. Information retrieval**  
Using the Internet, critical interpretation of the findings, e.g. to solve individual problems and to stay informed.